



CHANEL COLLEGE

News

To act justly, to love tenderly and walk humbly with your God Micah 6:8

Thursday 10 September 2015
Term 3 Week 9
Issue 48

Student Absentee Hotline 4973 4791

FROM THE DEPUTY PRINCIPAL

Child Protection Week (6-12 September)

This week is Child Protection Week which raises community awareness of child abuse and highlights the message that all children have a right to feel safe and protected. The theme this year is: *Be Someone Who Listens To Children*. Listening to children and young people is the number 1 indicator in assisting their safety and well-being, along with caring for them and keeping them safe. This Sunday is Child Protection Sunday where we join with others in considering the part that we play in the 'shared responsibility' of working to ensure the Church, and, therefore, our College, are safe and secure communities.

Year 12 QCS Test

Congratulations to the Year 12 students on their successful completion of the QCS test last week.

Thank you to Mrs Staunton (Chief Supervisor) and to all the staff who assisted the students with their preparations. Special thanks also to the Prayer Families who have been supporting our students with prayers during this time.

Exam Week

Exam week is almost over and I would like to congratulate all students on their commitment to their studies. This has been a particularly stressful time for many Year 12 students and I ask that you continue to keep them in your prayers as they journey towards the end of the year.

Building Progress

As you can see when entering the College grounds, building is progressing well on both the new Administration Block and also the Industrial Technology & Design precinct. While traffic flow into and out of the College has been quite good, I would remind parents and other visitors of the **10 km speed limit**. Students are also reminded to continue being careful when heading to the pick-up area or the front gate - please ensure that you use the marked crossings near the stairs to the Marian Centre and do not walk in areas designated for vehicles.

P and F

A reminder that the next P and F Meeting is on **Wednesday 16 September** from 5.30 - 6.30 pm. All are welcome!

Planning for 2016

Planning for 2016 is well underway. We would appreciate it if information regarding any student who is not intending to return to Chanel in 2016 could be provided in writing to Ms Dyer at the College office by **Friday 18 September**, the last day of Term 3.

We do appreciate that as the year progresses, family circumstances may change, for example moving to another town. It would be appreciated if you could advise Ms Dyer in writing as soon as you have information available.

God bless

Geraldine Dyer

GOOD NEWS – Kath Hore—Mission & RE Support Officer

Child Protection Week - 6-12 September

"Launching on Father's Day every year National Child Protection Week, supports and encourages the safety and wellbeing of Australian children and families through events, programs and resources.

The campaign aims to provide communities and individuals with practical information on how to embed primary prevention messages into social discourse. It also provides a platform for communities to be empowered, resourced and mobilised to take action at a local level.

Most of us recognise that child protection is vital to ensuring that children in our communities, families and schools are safe, nurtured and protected. Sometimes this means acknowledging that children are neglected or harmed in these same places. That is hard to acknowledge. As such, children continue to experience child abuse and neglect in our society.

In order to stop child abuse and neglect and ensure child protection in our society, we all need to play our part. Our role as adults is to pay attention regardless of the way children tell us what is happening for them. Child abuse and neglect only continues when those able to do something, do nothing." Adapted from <http://childprotectionweek.org.au/> Accessed 2 September 2015

For more information and resources visit <http://childprotectionweek.org.au/>

Second Hand Uniform Outlet

We have in stock many junior uniforms, especially boy's shirts and shorts in bigger sizes, all in good condition. Formal uniforms sell for \$10 per item, sports uniforms - \$5 per item and jackets - \$25 each.

The Second Hand Uniform 'outlet' is open each Wednesday in the RE Resource Room during first break.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

Thursday Mass

Mrs Logan's Year 10 R&E Class - Thursday 17 September

Mass is celebrated in the College Chapel at 10.40 am each Thursday.

ALL WELCOME - Families, friends, fellow students!!!

Wisdom Words

"My life is an influence on every life mine touches. Whether I realize it or not, I am responsible and accountable for that influence." Ron Baron

Please Pray for ...

- * The safety of all children in all environments.
- * The thousands of refugees seeking a better life in other countries.
- * People in our community who are unwell or recovering from illness.
- * A world where peace is built with justice, and justice is guided by love.

Praise and Thanks for...

- * All people, especially past students of Chanel, who are working in our world to ensure that justice and peace prevail.
- * The efforts of the students given to their studies and exam week.
- * The dedication and commitment of all Chanel staff providing a safe environment where students feel valued and supported.

POSITION VACANT - ADULT FAITH CO-ORDINATOR

As Colina and her family are relocating, the Parish has the position of Adult Faith Co-ordinator available, which includes being the Sacramental Program Co-ordinator. This is a part time position for 10 hours per week, which are flexible. For further inquiries and a detailed job description please contact the Parish office. Applications will close the end of business on 16 September.

Message from Assistant Principal Pastoral Care - Alison Wales

ADOLESCENT SCOLIOSIS SPINAL CURVATURE

The National Self-Detection Program

Information for schoolgirls in Years 7 and 9 and their parents

Scoliosis (spinal curvature) is an important health problem for adolescent girls and 25 per thousand are at risk of developing a significant curve. Three girls per thousand require active treatment (spinal brace or surgery). Because in the early stages the condition is most often asymptomatic, screening in the age range 11-13 years is a sound preventative health measure. When school screening for scoliosis was abandoned we introduced the Self-Detection Program as a practical alternative. Our policy on the matter is fully explained on the website.

www.scoliosis-australia.org

The website contains comprehensive credible information about the symptoms and treatment of scoliosis. Using the forum on our website, girls and their parents can obtain general advice from certified specialists who manage patients with spinal curvature. The forum is a useful resource in providing searchable information posted by its members. It offers a strong support base for adolescent patients with scoliosis and their parents.

[Ashleigh's story](#)

14 years of age at surgery

Double major curve - 54 degree left lumbar and 44 degree right thoracic

At the age of 13 years I was told I had to have an operation to correct my spine because I had a double major scoliosis, 54 degree left lumbar scoliosis and a 44 right thoracic curve. Getting told at 13 that I had to have back surgery was very hard to take in at the time as I didn't know what to think or feel. I hadn't even heard of scoliosis.

It was late November 2010 when after a swim at the beach I noticed a lump on one side of my back. After seeing my GP and having x-rays done, a specialist appointment was made for February 2011. This was a strange time as I was fairly fit playing sport, water polo, hockey and swimming squad once a week. My back didn't give me any pain.



Meeting the specialist was strange because I wasn't prepared for the news. My parents were as shocked as I was. I was sent for more x-rays and I was also sent to have an MRI. My MRI showed that I had an Arnold Chiari malformation and I was sent to see a neurologist and had another MRI done. I also had a second opinion that confirmed I needed surgery sooner rather than later. I was also sent to see a cardiologist to check my heart.

I can't explain the feelings I had. The specialist shows you images of what your back will look like. They're very scary to see. I was also told I couldn't play sport for 12 months and possibly that I may not be able to return to playing hockey after my operation. I wasn't happy about that.

As it got closer to the operation I was scared because I didn't know what would happen. The specialist has to advise you of all the things that could go wrong. I knew that I needed this operation or I would end up with a very painful and crooked back. I did all I could to keep fit before the operation, walking and swimming, until I broke my collarbone in May.

On the 25th of August 2011 I had my operation. It was over 5 hours long and I ended up with a spinal fusion from T4 to L4. I spent 1 night in intensive care then was moved to the children's ward. I spent 5 days in hospital. In hospital you are on lots of pain killers and get very tired easily. The physios in the hospital had me sitting up and out of bed on day 2 and walking on day 3. I felt really weak and felt like I would faint standing up but was told this was ok.

A week after I had left hospital I went back to see my doctor to see how I was feeling and to check how my scar was healing. He measured how tall I was and I had become 4cm taller than I was before the operation and my curves had been reduced to 15 and 41 degrees. The operation had gone well. I had 6 weeks off school and 2 of those weeks were luckily in the school holidays.

The specialist gave me some instructions about what I could do physically for the next 9 months. One thing was that I couldn't play sport for 9 months and no PE lessons. I was lucky that for the 6 weeks I was off school I was able to go walking in a pool at my grandparents' place. I found this quite helpful as I was able to walk supported in the water. I was also able to shower and wash my hair easier there than at home.

After 9 months I went back to swimming. I did swimming once a week and Pilates to strengthen my core and help make me more flexible. It is now 18 months since my operation. I have returned to hockey this year and can participate in most sport at school. Last year I went to France on a school excursion and was able to participate in everything.

I am happy that I had my operation because it made straighter and taller and if I didn't have it done I could have had really bad back pain.

Career News – Merrin Cale - Careers Officer

Apprenticeships and Traineeships for 2016

Apprenticeships and Traineeships around the region have been released. Local papers and company websites are a great way to find these apprenticeships and traineeships.

Please ensure when applying for these apprenticeships and traineeships that you get somebody else to peruse your application. You do not want to miss out on getting to the next stage because your application contained spelling mistakes, or obvious grammatical errors!

Expressions of Interest for 2016 School-based Apprentice - Actrol Parts Part time ROCKHAMPTON, Bundaberg and Gladstone

Actrol Parts is a new addition to the Reece Group which is Australia's leading Australian owned wholesaler to the refrigeration and air conditioning industries.

We now have an opportunity for a school based trainee to join the team at the Gladstone branch.

Role requirements:

- Customer Service (this includes maintaining a friendly, tidy and professional appearance)
- Counter Sales
- Stock Management
- General Computer Skills
- Maintaining a high standard of general housekeeping within the branch
- Embracing the Actrol policies and procedures
- Being a supportive team member

Students will be required to work one set day each week and in addition, must be available to work after school or an additional day to make up a 13 hour week. Placement days may be chosen to meet the individual needs of the successful student and their school. Work is also available during school holidays to assist in your progress.

This is your chance to join a great company that offers excellent conditions and comprehensive on the job training and earn while you learn.

Apply on line here

Rockhampton <http://>

asba.sherpanetwork.com.au/Jobs/jobdetail.aspx?pkJob=17792&nav=search

Gladstone <http://asba.sherpanetwork.com.au/Jobs/jobdetail.aspx?pkJob=17786&nav=search>

Bundaberg
<http://asba.sherpanetwork.com.au/Jobs/jobdetail.aspx?pkJob=17783&nav=search>

AURIZON 2016 APPRENTICESHIP INTAKE Indigenous and/or Female Employment Opportunities

Location: Regional QLD – Townsville, Bowen, Moranbah, Mackay (Sarina), Rockhampton, Gracemere, Gladstone, Toowoomba

Reference: APP1600

Remuneration: Attractive salary package to be negotiated

Indigenous and/or Female Employment
Opportunities

ABOUT AURIZON:

Aurizon is a top-50 ASX-listed company and Australia's largest rail freight operator. Each day we move on average more than 700,000 tonnes of coal, iron ore and other minerals as well as agricultural and general freight across the nation. We strive for a safety & high performance culture which celebrates the contribution of every employee and builds a diverse, collaborative and creative workplace.

ABOUT THE ROLE:

Aurizon are currently seeking female and Indigenous Australian applicants for Electrical, Mechanical and Heavy Fabrication (Boilermaking)

Apprenticeship positions on offer across the following Queensland locations:

- Townsville
- Bowen
- Mackay (Sarina)
- Moranbah
- Rockhampton
- Gladstone
- Toowoomba

We offer a diverse work environment with training, development and career progression opportunities for our driven and passionate employees. We recognise the benefits of gender and cultural diversity within the business.

Aurizon apprenticeships provide an opportunity to work in one of Australia's largest and most recognised companies assisting in the maintenance and

construction/installation of Trackside Systems equipment and systems, whilst proactively seeking the skills and knowledge required to excel in the chosen trade.

APPRENTICE RESPONSIBILITIES:

- Proactively seek opportunities to develop trade skills and knowledge
- Ensure all work is performed in accordance with Workplace Health and Safety requirements
- Follow any guidance required to ensure work is performed to company Standards
- Actively participate in team and safety meetings, contributing to improvement initiatives

TO BE CONSIDERED FOR THESE OPPORTUNITIES APPLICANTS MUST:

- Have a strong commitment to safety
- Be an enthusiastic team player interested in learning a trade
- Demonstrate commitment to Aurizon values

There are no mandatory requirements for these positions however some locations will require applicants to have a current unrestricted drivers licence and/or be available to work a shift roster. These positions are residential positions only. FIFO applications will not be considered.

EMPLOYEE BENEFITS:

- Apprenticeship mentoring by industry leading tradespeople
- Structured trade training program
- Discounts on selected health insurance funds
- Access to an employee assistance program
- Discounts on selected motor vehicles, travel and various retail brands

Apply by clicking the link below

For more information regarding these positions, please visit our website

www.aurizon.com.au/careers

Applications close Sunday 20 September 2015 at 5pm AEST.

<https://secure.dc2.pageuppeople.com/app/ly/493/aw/applicationForm/initApplication.asp?JobID=668197&sLanguage=en&sSourcePointer=aw&JobSourceTypeID=891>

SPORT NEWS—Kylie Kickbusch Sports Program Leader

Botanic to Bridge

Thank you to all students, teachers, parents and friends who competed in the Botanic to Bridge and nominated Chanel College as their school. You have helped raise over \$1400 for the College which will be used for sporting equipment. There were some fantastic results and times achieved by our students on the day and we congratulate you on this. The aim of the event is to create community spirit and get people active and outside. This was the case on the day and with the beautiful weather, the day was a massive success. Congratulations to all competitors and thanks again on behalf of the College for supporting the event and Chanel.

School surf Lifesaving Carnival

The Tannum Sand Surf Lifesaving Club will be hosting the Schools Surf Lifesaving competition on Friday 16 October. Students who are currently involved in surf lifesaving or those who would like to be involved need to see me at break times to collect nomination forms and more information about the event. There are water and sand events, individual and team events.

Sarah Chivers crowned national bike champion

Sarah has just won the national age Trail Bike Champion at the National Championships last week. She has backed up her outstanding achievements from last year and has again shown the country why she is the best rider for her age. It takes an enormous amount of dedication and perseverance to get to the top in your sport and Sarah has displayed these qualities consistently at the championships. Congratulations Sarah and we wish you all the best for the remainder of the season and with your riding. We look forward to hearing more about your results in the future.

Interschool Touch Football

The interschool Touch Football competition will be held in Term 4. Games will be played at the Briffney Touch Fields. Nominations for the Chanel teams will be coming out soon, so students are asked to listen carefully to the notices so they can get their team together.

Interschool Soccer

Yesterday the grand final for the Year 7/8 interschool boys soccer was played. The Chanel team, coached by Mr Rose, finished top of their pool and played Biloela in the grand final. These boys have gone through undefeated and have gelled extremely well as a team and played fantastic soccer over the 3 weeks of the competition. Good luck boys and we await the result to be posted in next week's newsletter.

Our other teams involved in the interschool soccer – Year 9/10 boys and year 11/12 boys also had great success. The Year 9/10 team, coached by Miss Keys, finished 5th overall. They had a mixed season with retreats, work experience and teams forfeiting but pulled through with a great win in the final game. The Seniors, like the Year 7/8 team, went through undefeated and took out the competition. Thanks to all players, coaches and parents for their participation in the interschool soccer competition this year – it has been a very successful year for Chanel.

Umpire and Senior Player of the Year for Gladstone Netball Association

Yasmin Ramsay was named Umpire of the Year and Senior Player of the Year for GNA on Grand Final night last week. Yasmin's umpiring has been tremendous this year and she was awarded her National C Umpiring Badge earlier in the season. This is a fantastic feat considering she juggles playing 2 games a night, umpiring 1 game and is in the Capricornia Netball Academy program on top of her school work. She also plays in the Senior Women's competition, as a 15 year old. Her defensive skills and reading of the game helped her team take out the final. It was performances like this and throughout the season that saw her awarded the Senior Player for 2015. Congratulations Yasmin and all the best with your netballing future.



Junior Gladstone Hockey Most Promising Player

Will Mathison was named Gladstone Junior Hockey Most Promising Player and Most Outstanding U13 Boy on the weekend. The Mathisons are a well-known Hockey family and Will has caught the eye of coaches around the region and the State with his outstanding skills and speed. Congratulations Will – we look forward to hearing more about your hockey success stories and achievements in the future.

YEAR 8 RETREAT





Congratulations to Delaney Burke who won the iTunes voucher for her poem about looking after our Earth.

A memorable gift was given, to you
a beautiful planet to live in, and view,
oceans and animals and nature, it's true,
a world without beauty, is a world with the flu.

But what are we doing? I'm asking you,
Leaving our litter, bulldozing the blue,
and all the bright colours that make this green hue,
killing the plants, the wildlife, that flew.

I know you're all thinking: so what do we do?

A very good question, thank you.
We need green thumb heroes to come through,
Help us clean the gift that was given to you.

We'll help all the animals, and the flora too,
Save all the pandas, and the bamboo,
Replenish the environment, and all things that grew,
Recreate our magnificent view.

So we can love our gift again, woohoo!

Well done also to Chloe Warwick for receiving second place for her wonderful poster on using our bins.

Congratulations

Well done to Naomi-Jon Redshaw on receiving her Australian Scout Medallion. Also congratulations to Milton Redshaw who has achieved his Queen Scout Award.

thank you

We would like to thank the DeAraugo family for their kind donation of microscope slides and cover slips to our Science Department.

STUDENT ACCESS CENTRE

**Do you need help with
Assignments? Homework?
Careers?**

Available for you are:

Computers & Printers, Resources & Support Material, Friendly Faces.

HOMEWORK ASSIGNMENT HELP

Monday, Tuesday, Thursday & Friday at 8.00 am.

Also First Break everyday except Thursdays.

Contact Chanel College's:

Inclusive Curriculum Coordinator:
Mrs Robyn Jurd 4973 4739

A reminder to parents.....

When your student is leaving early on a passout, please ensure you collect them from the school office. Students are **not** to walk to the carpark.

Thank you for helping to ensure the safety of our students.

upcoming events

Term 3

Week 10

Child Protection Week

Monday 14 September

- ◇ Mt Larcom Climb

Wednesday 16 September

- ◇ Year 12 CQU University Experience Day
- ◇ P and F Meeting 5.30 pm

Thursday 17 September

- ◇ McAuley Feast Day

Friday 18 September

- ◇ Marist Solidarity Coin Trail Challenge
- ◇ Term 3 Concludes

**TERM 4 COMMENCES
TUESDAY 6 OCTOBER**